

Long Term - PE Overview 2019-2020

	Autumn 1							Autumn 2							Spring 1					Spring 2					Summer 1						Summer 2									
	wk1	wk2	wk3	wk4	wk5	wk6	wk7	wk1	wk2	wk3	wk4	wk5	wk6	wk7	wk8	wk1	wk2	wk3	wk4	wk5	wk6	wk1	wk2	wk3	wk4	wk5	wk1	wk2	wk3	wk4	wk5	wk6	wk1	wk2	wk3	wk4	wk5	wk6	wk7	wk8
Reception	Movement							Gymnastics							Ball skills					Dance					Movement (Over/Under/ Around/Through)						Athletics									
Year 1	Health related fitness - Circuits Team games							Gymnastics Team games							Dance Tennis (Hand/eye Coordination)					Gymnastics Apparatus and multiskills					Athletics Basketball						Athletics Games									
Year 2	Health related fitness - Circuits Volleyball							Dance Football							Gymnastics Hockey					Dance Basketball					Athletics Cricket						Athletics Rounders									
Year 3	Health related fitness - Circuits Football							Gymnastics Tag Rugby							Dance Netball					Gymnastics Swimming					Athletics Swimming						Athletics Basketball									
Year 4	Health related fitness - Circuits Swimming							Dance Swimming							Gymnastics Swimming					Dance Volleyball					Athletics Cricket						Athletics Rounders									
Year 5	Health related fitness - Circuits Football							Gymnastics Basketball							Dance Tennis					Gymnastics Netball					Athletics Hockey						Athletics Basketball									
Year 6	Health related fitness - Circuits Volleyball							Dance Football							Gymnastics Circuit training					Dance Hockey					Athletics/Swimming Handball						Athletics Swimming									