

PSHE Jigsaw Reception

Number of Lessons	Lesson Outcome	Key Vocabulary	Assessment
IN 1 Piece 1: Me in My World	<u>Lesson One</u> <u>Our Learning Charter</u> <u>Who... Me?</u> I understand how it feels to belong and that we are similar and different.	<u>Lesson One</u> Unique Favourite I like I dislike	Bubble-ups during 'Inter' and 'Help Me Learn' (opportunities to speak & observe children) Photos during child-initiated play Record what children say Learning stories focusing on behaviour, relationships with others, following rules at routines Links : Understanding the world, Personal, Social, Emotional Development, Communication and Language, Literacy
	<u>Lesson Two</u> <u>Our Learning Charter</u> <u>How am I Feeling Today?</u> I can start to recognise and manage my feelings.	<u>Lesson Two</u> Feelings Sad Angry Happy	
	<u>Lesson Three</u> <u>Our Learning Charter</u> <u>Being at School</u> I can work together and consider other people's feelings.	<u>Lesson Three</u> Sharing Kindness	
	<u>Lesson Four</u> <u>Our Learning Charter</u> <u>Gentle Hands</u> I understand why it is good to be kind and use gentle hands.	<u>Lesson Four</u> Upset Allowed Kind Unkind	

	<p><u>Lesson Five</u> <u>Our Learning Charter</u> <u>Our Rights</u></p> <p>I am starting to understand children’s rights and this means we should all be allowed to learn and play.</p>	<p><u>Lesson Five</u></p> <p>Rights Learning Charter</p>	
	<p><u>Lesson Six</u> <u>Our Learning Charter</u> <u>Our Responsibilities</u></p> <p>Understand my rights and responsibilities within our Learning Charter. Understand my choices in following the Learning Charter.</p>	<p><u>Lesson Six</u></p> <p>Learning Charter Rewards Consequences Rights Responsibilities</p>	
<p><u>ntive Knowledge</u></p> <p>To know that being unique means I can be different to other children and that is okay. To understand that we all feel different things at different times, such as happy, angry, sad. To know that we should be kind to each other and how to be kind. To understand why we use gentle hands and no unkind hands (hurting others) To know that we have our rights - these are things that we are all allowed and are entitled to. To understand the responsibility is when we must look after something and if something goes wrong with that thing then we are responsible.</p>		<p><u>Procedural Knowledge</u></p> <ul style="list-style-type: none"> - To know how to be kind to each other using kind words and kind hands. - To know how to be responsible for something that we have and what to do if something goes wrong. 	

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Unit 2 Theme 2: Understanding Difference IS	<u>Lesson One</u> <u>Hall of Fame</u> <u>What I am good at</u> I can identify something I am good at and understand that everyone is good at different things.	<u>Lesson One</u> Proud Achievements	Bubble-ups during 'Interact' and 'Help Me Learn' (opportunities to speak with and observe children) Photos during child-initiated activities Record what children say Links: Communication and language listening and attention Communication and language understanding Communication and language speaking Understanding the world and communities Understanding the world and communities
	<u>Lesson Two</u> <u>Hall of Fame</u> <u>I'm Special, I'm me!</u> I understand that being different makes us all special.	<u>Lesson Two</u> Special	
	<u>Lesson Three</u> <u>Hall of Fame</u> <u>Families</u> I know we are all different but the same in some ways.	<u>Lesson Three</u> Family Difference Similar	
	<u>Lesson Four</u> <u>Hall of Fame</u> <u>Houses and Homes</u> I can tell you why I think my home is special to me.	<u>Lesson Four</u> Houses Home	

	<p><u>Lesson Five</u> <u>Hall of Fame</u> <u>Making Friends</u></p> <p>I can tell you how to be a kind friend.</p>	<p><u>Lesson Five</u></p> <p>Friends Kindness Lonely</p>	
	<p><u>Lesson Six</u> <u>Hall of Fame</u> <u>Standing up for Yourself</u></p> <p>I know which words to use to stand up for myself when someone says or does something unkind.</p>	<p><u>Lesson Six</u></p> <p>Standing up Please don't do that I don't like that Feelings</p>	
<p><u>Content Knowledge</u></p> <p>To know that I can feel proud (good about something that I have done well in)</p> <p>To know that we are all different and these differences and similarities make us special.</p> <p>To know that home is where we live and there are lots of different types for different people all around the world (flats, houses, farms, huts, wigwams, bungalows etc.)</p>		<p><u>Procedural Knowledge</u></p> <ul style="list-style-type: none"> - To know how to be kind (making good choices, saying things, doing things that show care and appreciation for others) - To know that I can say "Please don't do that" or "I don't like that" when something happens that I do not want. 	

	<p><u>Lesson Five</u> <u>Our Garden of Dreams and Goals</u> <u>Flight to the Future</u></p> <p>I understand the link between what I learn now and the jobs I might like to do when I am older.</p>	<p><u>Lesson Five</u></p> <p>Jobs Aspirations Learning</p>	
	<p><u>Lesson Six</u> <u>Our Garden of Dreams and Goals</u> <u>Award Ceremony</u></p> <p>I can say how I feel when I achieve a goal and know what it means to feel proud.</p>	<p><u>Lesson Six</u></p> <p>Success Celebration Challenge Goals Dreams Awards</p>	
<p><u>Declarative Knowledge</u></p> <p>To know that a goal is something I want to achieve and understand that small steps can be made to meet these over time.</p> <p>To understand that 'doing well' means seeing progress in anything that I do.</p> <p>To know that learning means to work towards getting a job one day - to understand that a job is something people do to earn money throughout their entire adulthood.</p> <p>To understand that an achievement is when we are successful in something and that this can make us feel happy and proud.</p>	<p><u>Procedural Knowledge</u></p> <ul style="list-style-type: none"> - To understand that persevering is to keep trying and not giving up, even when it is hard. - To know how to use kind words to make people feel better to encourage them to keep trying. - To know how to make small, manageable steps to achieve a certain goal. 		

	<p><u>Lesson Five</u> <u>The Healthy, Happy Me Recipe Book</u> <u>Keeping Clean</u></p> <p>I can wash my hands thoroughly and understand why this is important especially before I eat and after I go to the toilet.</p>	<p><u>Lesson Five</u></p> <p>Clean Hygiene Washing Soap Filthy Dirt Germs</p>	
	<p><u>Lesson Six</u> <u>The Healthy, Happy Me Recipe Book</u> <u>Stranger Danger</u></p> <p>I know what a stranger is and how to stay safe if a stranger approaches me.</p>	<p><u>Lesson Six</u></p> <p>Stranger Danger Lost Help Scared</p>	

<p><u>Content Knowledge</u></p> <p>To know that being healthy means having a body that is in good working order and makes us happy. To know that exercise helps to keep our body strong and healthy. To know that germs can make us feel poorly and we must wash our hands before eating to kill germs. To know that lots of germs live on the toilet and we must wash our hands after using the bathroom to kill germs. To know that a stranger is somebody I do not know and that they could harm me. To know that I should never take anything, such as sweets, from a stranger. To know that I should not share personal information with anybody I do not know (address, name, age, email address, parents names etc.)</p>	<p><u>Procedural Knowledge</u></p> <ul style="list-style-type: none"> - To know how to clean my hands properly to kill germs with warm water and soap. - To know how to use exercise to keep me healthy and active. - To know how to help myself fall asleep when I am tired.
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	<p><u>Lesson Five</u> <u>Our Relationships Fiesta</u> <u>Falling Out and Bullying 2</u></p> <p>I can use Calm Me Time to manage my feelings.</p>	<p><u>Lesson Five</u></p> <p>Calm Hurt Angry Tantrum</p>	
	<p><u>Lesson Six</u> <u>Our Relationships Fiesta</u> <u>Being the Best Friend We Can Be</u></p> <p>I know how to be a good friend.</p>	<p><u>Lesson Six</u></p> <p>King Good Friend Friendships Caring</p>	
<p><u>Declarative Knowledge</u></p> <p>To know that families can be very different: single parent, living with grandparents, social/foster care etc.</p> <p>To know that a good friend is somebody who is kind, trusting and reliable and to appreciate this in others.</p> <p>To know that people do things in the family to help - cooking, cleaning, washing up, going to work to earn money etc.</p> <p>To know that being kind and playing nicely will make friends and help me keep them and being unkind and not playing nicely will upset others and they will not want to be my friend.</p> <p>To know that unkind words can hurt people and once said they cannot be taken back.</p>	<p><u>Procedural Knowledge</u></p> <ul style="list-style-type: none"> - To understand how to apologise and how apologising make things better if you do something wrong. - To know how to calm down if feeling angry or upset (by taking time to be alone, counting to ten, blowing bubbles) 		

Number of Lessons	Lesson Outcome/ Key Knowledge	Key Vocabulary	Assessment
Year 2 Piece 6: Getting Me Ready	<u>Lesson One</u> <u>Tree of Change</u> <u>My Body</u> I can name parts of the body.	<u>Lesson One</u> Basic Body Parts (eye, ear, knee, finger, foot, mouth, nose, stomach, eyebrow, arm, tongue, toe, forehead, chest, hand, leg)	Bubble-ups during 'Interactions' and 'Help Me Learn' (opportunities to speak with and observe children) Photos during child-initiated activities Record what children say Talk about effects of exercise on the body during PE lessons/Physical Development sessions Links: Communication and Language understanding Communication and Language speaking Physical Development - health and self-care Understanding the world - the world Expressive arts and design exploring and using media and materials
	<u>Lesson Two</u> <u>Tree of Change</u> <u>Respecting My Body</u> I can tell you some of the things I can do and foods I can eat to be healthy.	<u>Lesson Two</u> Healthy Like Dislike	
	<u>Lesson Three</u> <u>Tree of Change</u> <u>Growing Up</u> I understand that we all grow from babies to adults.	<u>Lesson Three</u> Baby Growing up Adult Change Abilities	
	<u>Lesson Four</u> <u>Tree of Change</u> <u>Fun and Fears 1</u> I can express how I feel about moving to Year 1.	<u>Lesson Four</u> Feelings Express Nervous	

	<p><u>Lesson Five</u> <u>Tree of Change</u> <u>Fun and Fears 2</u> I can talk about how I feel about my worries and/or the things I am looking forward to about being in Year 1.</p>	<p><u>Lesson Five</u> Learn New Grow Change Cheer up</p>	
	<p><u>Lesson Six</u> <u>Tree of Change</u> <u>Celebration</u> I can share my memories of the best bits of this year in Reception.</p>	<p><u>Lesson Six</u> Celebration Achievements Memories Best bits Feelings</p>	
<p><u>Content Knowledge</u> To know that we get bigger as we grow from a baby and describe the physical changes. To understand that as we grow we learn more things such as being able to walk, talk, listen etc and that this is normal and natural even if other animals. To know the basic body parts (see vocabulary in Lesson One) To know that I will be moving into Year 1 and it is okay to share my feelings with adults who can help me. To know what things I have done well this year in Reception and to understand I can feel proud and happy about this.</p>		<p><u>Procedural Knowledge</u></p> <ul style="list-style-type: none"> - To know how to eat healthy and to exercise to keep me in good working order. - To know how to share my feelings with an adult when feeling worried - especially about moving into Year 1. 	